## Promise Yourself

Promise yourself to live every day to the max; To dream big and see every glass as half full; To set high expectations for yourself and for those around you; To get things done rather than talking about them; To say you'll try rather than complaining why you can't; To lead by example rather than through control; To win with integrity rather than at all costs; To make work fun rather than a chore; To face challenges head-on rather than surrendering your dreams to fear; To raise your hand rather than pointing fingers; and to learn from mistakes rather than covering them up. During your journey, promise yourself to do your best and nothing less; To make people feel good about themselves and proud of their accomplishments; And to be as excited about the success of others as you are about your own. If you promise yourself anything less, you'll be letting yourself down.

After all, a promise is a promise.

