

42 WAYS TO MAKE YOUR LIFE *Easier*

Think before you begin. • Keep it simple. • Let it go. Just let it go. • Never be too proud to learn. • Be yourself. • Value relationships over possessions. • Learn to delegate. • Leave game playing to fifth graders. • Strive for win-win rather than winner takes all. • Address small problems before they become big ones. • Stop trying to change people who don't want to change. • Determine whether it's been done before. • Stop overthinking everything. • Listen — don't just hear. • Choose the right solution rather than the easy one. • Tell the truth. • Set priorities; don't treat everything equally. • Compete against yourself rather than others. • Don't wait for a fire to locate the exits. • Save for a rainy day. • Do it right the first time. • Shop value rather than price. • Never take things for granted. • Learn to say, "I don't know" and "I was wrong." • Focus your efforts instead of trying to be great at everything. • Keep your ego in check. • Think before you speak. • Stop... if your gut says "no." • Keep your promises. • Keep your problems in perspective. • Stop trying to control the uncontrollable. • Do preventive maintenance before it becomes an emergency. • Know where you're going before trying to get there. • Ask for help if you need it. • Live within your means. • Know your limits. • Settle for excellence rather than perfection. • Admit mistakes and learn from them. • Make a decision and don't look back. • Don't say, "maybe" when you really want to say, "no." • Learn the meaning of *enough*. • Listen to your conscience.

