

# What Can Be More Important Than Your Cell Phone?

Your cell phone can be your best friend or your worst enemy. Are you:

**On a date?** Who's more important?

**Walking on the beach?** Are you working or on vacation?

**Eating dinner?** Does that count as family time?

**Pushing the stroller?** Are you bonding with your baby?

**Watching your kids play ball?** Will you remember this moment forever?

**Attending a business meeting?** Did you get the message?

**Crossing the street?** Do you see what's coming your way?

**Watching a movie?** Why is everyone staring at you?

**Driving the car?** What's more important, the text or your life?

## This Is a Wake-Up Call

