

YOU GET WHAT YOU EXPECT

People adjust their behavior based on the way they see the world.
Here are 11 ways that you get what you expect:

If you believe **today's going to be awesome**, you're going to be happier and more productive than if you fear problems lurking around every corner.

If you believe **people are trustworthy**, you're going to manage relationships differently than if you think everyone's out to get you.

If you believe **you can overcome any challenge**, you're going to view obstacles differently than if you feel you're doomed from the start.

If you believe **you're going to be successful**, you're going to view your prospects differently than if you think, "People like me never stand a chance."

If you believe **relationships should be win-win**, you're going to build partnerships differently than if you think everyone's out to get the upper hand.

If you believe **good people finish first**, you're going to behave differently than if you think you have to be ruthless to win.

If you believe **feedback is critical to personal growth**, you're going to receive it differently than if you think feedback means you did something wrong.

If you believe **every successful person encounters failure**, you're going to view mistakes differently than if you think failing makes you a failure.

If you believe **hard work pays off**, you're going to view tough days differently than if you believe your company's trying to take advantage of you.

If you believe **people generally try their best**, you're going to manage people differently than if you think people are generally lazy.

If you believe **life has its ups and downs**, you're going to view bad days differently than if you think you're the only one with problems.



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