

7 Situations Beyond Your Control

If you can't change things, accept them as they are. Consider, for example:

Miracles.

Some folks want the sun to set at a different time. (Well, that's not going to happen.)

Certainty.

Some people demand guarantees, even when there aren't any.

Status quo.

Some folks dislike change and expect the world to stand still for them. (How's that working for you?)

Unforeseen events.

Some people want everything to go according to plan. (Good luck with that.)

Human nature.

Some folks try to force their will on others. (The reality is, people change when change is *their* choice.)

Perfection.

Some people expect perfection and work hard to attain it. They get anxious if it eludes them.

History.

Some folks can't let it go. They relive the past, hoping to change history.

