

You're Only as Good as the COMPANY YOU KEEP

You determine the people you spend your time with. Choose wisely. Top-notch people contribute to your life in meaningful ways, as:

Friends. These folks make every day special. They care about you and are genuinely happy for your success. You can count on them in good times AND bad.

Cheerleaders. These people energize you. They make you feel good about yourself and inspire you to be your best. Surround yourself with positive people; their energy is contagious.

Coaches. These folks challenge you to leave your comfort zone; they offer constructive feedback to better your game.

Trusted advisors. These people are good listeners. You can always count on them for sage advice. They're honest, objective, and trustworthy.

Teachers. These folks show you the ropes in a nonthreatening way.

Role models. These people have strong moral character and impeccable values. You hope their behavior rubs off on you — and it usually does.



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