

# TEACH YOUR CHILDREN "HOW TO FISH"

## HERE ARE 13 GUIDING PRINCIPLES TO TEACH YOUR KIDS:

**BE SELF-RELIANT.** Don't allow yourself to become overly dependent on others.

**OWN YOUR LIFE.** Make good choices and accept responsibility for your actions. Your life is determined by the sum of the choices that YOU make.

**FACE THE FACTS.** Be prepared to accept the good with the bad — even roses have thorns.

**ESTABLISH REALISTIC EXPECTATIONS.** You *don't* get what you want; you get what you deserve. Period.

**GET YOUR HANDS DIRTY.** You'll start at the bottom and remain there until you demonstrate you can handle more.

**LEARN A THING OR TWO.** Allow your mentor to guide, but *never* to perform, an activity for you.

**TAKE IT SLOW.** Don't bite off more than you can chew at first. Build confidence and momentum through small wins.

**DON'T BLAME — LEARN.** Make mistakes when the consequences are small.

**DON'T BABY YOURSELF.** Show some grit when you're confronted by challenges. Determination is habit forming; so is quitting.

**TAKE ONE FOR THE TEAM.** Work hard. You're expected to pull your own weight, not to weigh down the team.

**INVEST IN YOURSELF.** Everything you learn makes you more valuable, and the benefits will remain with you through life.

**ACCEPT "NO" AS A GIFT.** People who *don't* indulge your every whim are teaching you "how to fish." They're giving you the gift of confidence, strength, and self-reliance.

**WORK HARD; WORK SMART.** Nothing is accomplished without hard work, dedication, and commitment. It takes many years to become an overnight success.

