30 Practical Tips for Living the GOLDEN RULE

See the good in people. *Make people feel special*. Be the first to give. Give for the right reason — and that is, give for no reason at all. Play by the rules. Don't cut in line. Wait your turn. Listen to others. Communicate. Don't just take turns talking. Be unbiased. Never judge someone you don't know. Keep an open mind. Search for the truth by listening to opposing arguments and letting others challenge your views and opinions. Give people a chance. As you climb the ladder of success, reach down and pull others along with you. Make every collaboration win-win. Never win at the expense of a relationship. Be selfless. Put others' needs ahead of your own. Tell it like it is. Don't say anything behind someone's back that you wouldn't say to their face. **Stop criticizing.** Constructive feedback is helpful; criticism is hurtful and damaging. Set the bar high. Be tough, but fair. Don't demand things of others that you're unwilling to do yourself. Work hard. Pull your weight rather than weigh down the team. Have a heart. Stand up for those who are less fortunate. Be tolerant. Don't force your views on others. You can't expect others to abandon their values any more than you would forsake your own. Give with an open hand. Give with no strings attached. Be available. Be a good friend in good times and bad. Be informed. Listen to both sides of a debate before forming your opinion. Build trusting relationships. Earn respect rather than demanding it. Be compassionate. Help people get back on their feet. But don't make them dependent on your good graces. Be even-handed. Consider whether fairness would still apply if the tables were turned. Forgive and forget. Let it go. Seeking retaliation, rather than forgiveness, traps you in the anger. Share the credit. Deflect recognition rather than hoarding it. Hold out hope. Lend an ear or a shoulder to cry on. Accept "no" for an answer. Respect people's priorities rather than making everything about you. Be willing to sacrifice. Raise your own hand rather than volunteering others. Offer your unconditional love. Accept people for who they are, not for who you want them to be. Earn your keep. You don't get what you want; you get what you deserve. Give up control. Put your faith in people rather than micromanaging them. Be grateful. Show your appreciation and never take anything for granted.

