



# How to Identify **ACCURATE** **INFORMATION**

The next time you search for information, read what's happening, receive input, seek an opinion, or get a recommendation, consider whether you:

- Get information *secondhand* or from its *original source*?
- Subscribe to information that reinforces your *existing beliefs* or seek a *fresh perspective*?
- Accept everything at *face value* or view it with a healthy dose of *skepticism*?
- Listen to people because you *like them* or because they're *respected and reputable*?
- Determine whether the information is *opinion* or *fact*?
- Believe something is true because it's *well presented* or based on its *merit*?
- Determine whether the message is *one-sided* or presents *both sides* of the issue?
- Attack *opposing viewpoints* or try to see *the merit in others' opinions*?
- Accept advice *blindly* or ask *how the conclusion* was drawn?
- Assume *others know better* or trust *your own instincts*?